

September '09

- 12 Registration Day 1
- 19 Registration Day 2
- 21 Relay Training Commences (5:30 - 6:30pm)
- 28 Relay Training (5:30 - 6:30pm)

October '09

- 3 Working Bee (10:00am - Midday)
- 4 Week 1
- 5 Relay Training (5:30 - 6:30pm)
- 7 General Training (5:30 - 7:00pm)
- 10 Week 2
- 12 Relay Training (5:30 - 6:30pm)
- 14 General Training (5:30 - 7:00pm)
- 17 Week 3
- 19 Relay Training (5:30 - 6:30pm) /
Team Selection Meeting (for coaches only)
- 21 General Training (5:30 - 7:00pm)
- 24 Week 4
- 26 Relay Training (5:30 - 6:30pm)
- 28 General Training (5:30 - 7:00pm)

November '09

- 4 Relay Training (5:30 - 6:30pm)
- 7 Week 5
- 8 WLAC Relay Day (for Relay Squad only)
- 9 Relay Training (5:30 - 6:30pm)
- 11 General Training (5:30 - 7:00pm)
- 13 Week 6 (Twilight Meet - commences at 5:30pm)
- 15 Region RELAYS (Corio)
- 18 General Training (5:30 - 7:00pm)
- 21 Week 7
- 23 Relay Training (5:30 - 6:30pm)
- 25 General Training (5:30 - 7:00pm)
- 28 Week 8
- 30 Relay Training (5:30 - 6:30pm)



Season 2009/10 Calendar

Information Line:

0413-259-366

Website:

www.wlac.com.au

IMPORTANT DATES TO REMEMBER

17 Oct - Last chance to register for the Relay Squad

19 Dec - Registrations for Region Track & Field close

19 Dec - Registrations for State Multis close

5 Mar - Registrations for WLAC Multi Day close

December '09

- 5 Week 9, WLAC Multi Day (for all athletes)
- 7 Relay Training (5:30 - 6:30pm)
- 9 General Training (5:30 - 7:00pm)
- 11 Reserve Week
- 13 State RELAY Championships (Olympic Park)
- 16 General Training (5:30 - 7:00pm)
- 19 Week 10 (Christmas Party!)

January '10

- 16 Week 11, Ribbon Day
- 20 General Training (5:30 - 7:00pm)
- 23 Week 12
- 27 General Training (5:30 - 7:00pm)
- 30 Week 13 /
State MULTIS Championships Day 1 (Bendigo)
- 31 State MULTIS Championships Day 2 (Bendigo)

February '10

- 3 General Training (5:30 - 7:00pm)
- 6 Week 14
- 10 General Training (5:30 - 7:00pm)
- 13 Week 15
- 20 Region TRACK & FIELD Day 1 (Geelong)
- 21 Region TRACK & FIELD Day 2 (Geelong)
- 24 General Training (5:30 - 7:00pm)
- 27 Week 16

March '10

- 6 Working Bee (All welcome!)
- 12 Open Day Setup (All welcome!)
- 13 Werribee Little Athletics OPEN Day
- 20 State TRACK & FIELD Championships Day 1 (Olympic Park)
- 21 State TRACK & FIELD Championships Day 2 (Olympic Park)
- 27 WLAC Centre Presentations /
WLAC Club Presentations