WLAC Week 6, 14th November 2008 ***TIMETABLE*** **WLA**

Time	Under 6		Under 7		Under 8		Under 9		Time	Under 10		Under 11		Under 12		Open Age		Time
5:30					60mH @ BS				5:30	Discus @ Dis1	Discus @ Dis2	High Jump @ HJ1	High Jump @ HJ2	Javelin @ Jav2	Javelin @ Jav1	200m		5:30
5:35						60mH @ BS			5:35								200m	5:35
5:40									5:40									5:40
5:45			200m		Triple Jump @ TJ1	Triple Jump @ TJ2	60mH @ BS		5:45									5:45
5:50				200m				60mH @ BS	5:50									5:50
5:55									5:55									5:55
6:00	200m								6:00	60mH @ BS								6:00
6:05		200m							6:05		60mH @ BS							6:05
6:10									6:10									6:10
6:15			100m @ FS						6:15			60mH @ BS				Javelin @ Jav2	Javelin @ Jav1	6:15
6:20				100m @ FS					6:20				60mH @ BS					6:20
6:25									6:25									6:25
6:30			Shot Put @ SP1	Shot Put @ SP2			100m @ FS		6:30					60mH @ BS				6:30
6:35								100m @ FS	6:35						60mH @ BS			6:35
6:40									6:40									6:40
6:45							Discus @ Dis1	Discus @ Dis2	6:45	100m @ FS						80-100mH @ BS		6:45
6:50									6:50		100m @ FS						80-100mH @ BS	6:50
6:55									6:55									6:55
7:00					100m @ BS				7:00			100m @ FS						7:00
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7:15	100m @ BS								7:15					100m @ FS				7:15
7:20		100m @ BS							7:20						100m @ FS			7:20
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